Risk Management - Injury Prevention
Guide For Lifting / Material Handling

Risk Identification
  o Audit/inspect high risk tasks, facility/areas, employees

Risk Assessment
  o Review and identify risk – low medium high – prioritize next steps

Risk Control
  o Engineering Controls – Redesign Job or Area
  o Use material handling equipment
  o Provide training & adopt safe lifting techniques

Injury Prevention = Safer & More Productive Work Environment

NOTE: Lifts / Manual Material Handling Involve:
  Lift   Lower   Carry   Move   Hold in Place   Push   Pull