

SU STUDENT GUIDE
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**Southwestern resources that aren't
widely advertised, but are extremely
helpful to know about!**



Counseling & Health Center

The counseling center offers **STD testing, \$10 emergency contraceptives, and birth control services.** You will be required to provide your current insurance information. You will not have to pay a copay, but your insurance will be billed. If laboratory testing is required, then the lab will bill your insurance company.

The Health Center provides a variety of services, including:

- On-site PCR testing for students with symptoms of COVID-19
- Complete evaluation by a Physician, Nurse Practitioner or Physician Assistant
- Prescription medications sent to the pharmacy of your choice
- Laboratory services
- TB skin testing
- Flu vaccine
- On-site testing for strep throat, mono, flu
- UTI evaluation and treatment
- Physical exams for study abroad and internships
- Well woman exams
- STD testing, treatment and education
- Birth control information and prescriptions
- Pregnancy testing
- Free condoms in the lobby (latex-free by request)
- Emergency Contraception
- OTC medication with instructions for use
- Minor trauma evaluation and dressings
- Suture and staple removal
- Depression and anxiety screening and treatment
- Counseling Center referrals
- Information on community resources

for more information
contact: 512-863-1252

Counseling & Health Center

contd.

Health Insurance

If you don't have a current health insurance policy, you are required to purchase the SU Student Health Insurance policy, which is billed directly to your student account.

If you are not able to afford this insurance, you can contact the Financial Aid office (finaid@southwestern.edu) and request a grant to cover the insurance.



OUTSIDE HEALING

We wanted to include several outside BIPOC health & wellness resources for you all to consider! This is only a select few, there are countless more resources out there. Let us know if we can help you access this information!



Therapy and Healing Collectives: (all resources are underlined with hyperlink)

- Inclusive Therapists: A diverse and culturally inclusive community of therapists, centering BIPOC, LGBTQ+, people with disabilities.
- People of Color Healing Circle: QTBIPOC centered and led healing.
- SuSu Healing Collective: offers workshops, classes, individual sessions, communal gatherings, and botanical healing and ritual.
- Ethel's Club: This is digital membership for POC to enjoy workshops, wellness sessions, and live concerts from home!
- MetaDEN: a safe haven for BIPOC centering queer, trans, and gender non-conforming communities.
- Hush Harbor Rootworks: a teaching circle of medicine arts from across indigenous diaspora and ancestral herbalism.

Podcasts for BIPOC mental health hosted by BIPOC:

- Black Therapy Uncensored hosted by a NYS Licensed Mental Health Counselor
- Therapy for Black Girls hosted by Dr. Joy Harden Bradford
- Nopal Kweenz hosted by three Latinx Therapists
- Brwngrl Feels hosted by three filipino women
- unswtnd + unfltrd hosted by Zaina and Dounya
- My Best Friend is A Therapist hosted by Sara and Nazneen
- Through the Eyes of a Therapist hosted by Cristal Martinez Acosta
- Future Faces of Therapy hosted by five young therapists

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The SU community always comes together to support one another, especially during times of need. Southwestern remains firmly committed to meeting the needs of our students in every way possible as we navigate through the COVID-19 crisis.

- Food
- Housing
- Medical care
- Technology
- Travel
- Other unexpected or unforeseen needs

FOR MORE INFORMATION CONTACT THE FINANCIAL AID OFFICE: 512-863-1259 or email finaid@southwestern.edu.

HERE is the Google Form to apply for the funds. There is a \$500 maximum per school year, and you may receive the funds twice during your time at Southwestern. This alludes to difficult circumstances: receiving \$500 in the fall and \$500 in the spring since they are in different calendar years.

There is also opportunity for assistance in regard to the BOOK scholarship through the FinAid Office, too!



Before the school-year ends, the FinAid office posts available scholarships for students on Postmaster.

[Here](#) is the website with all of the information about applying for different continuing scholarships that vary from:

- Leadership/Service Scholarships
- Departmental Scholarships
- Greek Life Scholarships
- United Methodist Scholarships

Although you might think you may not be eligible to apply for some of these, chances are that you are!

There's always caveats that allow you to apply. If you find yourself in extreme financial need, don't be afraid to reach out to your department chairs and professors. They can always lead you in the right direction and can provide you with insight to more funding opportunities that you don't see on the website!

Some of our HALO members have been recipients of the following scholarships. Do not be afraid to reach out if you need help with your essays!

SCHOLARSHIPS

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WE KNOW THAT APPLYING FOR SCHOLARSHIPS IS NO EASY TASK AND MORESO WHEN THEY DO NOT APPLY TO YOUR CIRCUMSTANCES; THEREFORE, WE HAVE ELABORATED A BIT ON THE 'INTERSECTIONAL' APPLICATIONS THAT WE HAVE FOUND HELPFUL, THE LEADERSHIP/SERVICE SCHOLARSHIPS.

Leadership/Service Scholarships

This scholarship is for Juniors and Seniors who are involved in civic engagement and student leadership. Candidates must have at least a 2.0 cumulative GPA and completed at least 80% of all credit hours attempted in their Southwestern coursework. Awarded on the basis on financial need. Preference is given to students from under-represented groups.

Amount: Variable

Application Deadline: May 1

Earl Lee Moseley, Jr. Scholarship

For this scholarship, preference will be given to students who have completed at least two years of full-time enrollment, are pre-ministerial students, and/or who have demonstrated interest in activities or occupations which promote peace and justice locally, nationally or globally. Furthermore, preference may be given to students who are members of the United Methodist Church.

Amount: \$3,000 for one year

Application Deadline: May 1

J. Charles Merrill Peace and Justice Scholarship



For this scholarship, preference will be given to students who have completed at least two years of full-time enrollment, are pre-ministerial students, and/or who have demonstrated interest in activities or occupations which promote peace and justice locally, nationally or globally. Furthermore, preference may be given to students who are members of the United Methodist Church.

Amount: \$3,000 for one year

Application Deadline: May 1

Judge Richard Critz & Robert H. Purl Pre-Law Scholarship

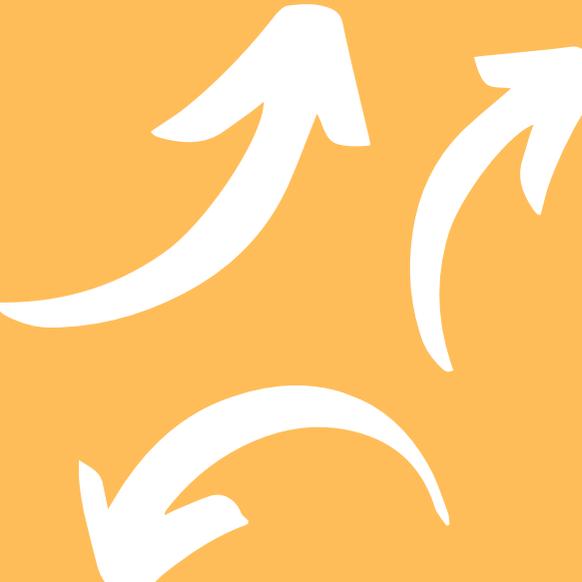
UNDOCUMENTED STUDENT RESOURCES



RAICES: a non-profit org that catalyzes justice by providing free and low-cost legal services to immigrant children, families, and refugees.

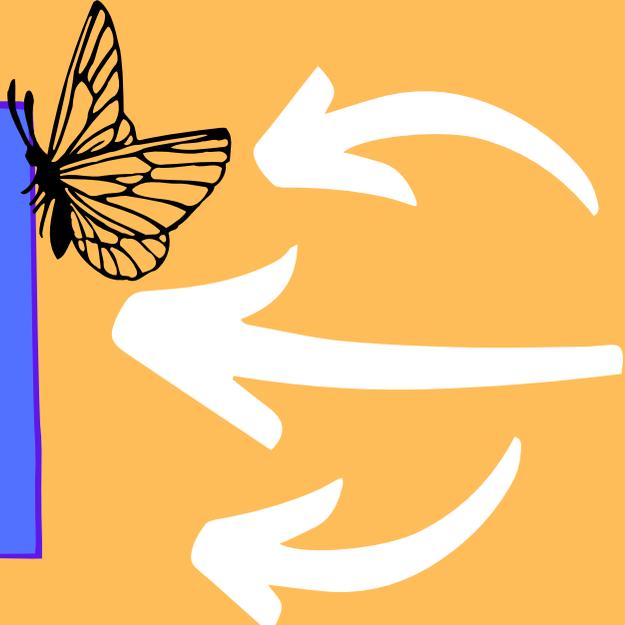
Informed Immigrant: reflects the functions of a database that covers a broad scope of resources for undocumented students & families including scholarships and fellowships.

THESE PAGES ARE
UPDATED FREQUENTLY
SO BE SURE TO
BOOKMARK THEM
AND SHARE THEM
WITH YOUR
NETWORKS!



United We Dream: the largest immigrant youth-led community in the country. We create welcoming spaces for young people - regardless of immigration status - to support, engage, and empower them to make their voice heard and win! [Check out this [Educator toolkit](#)]

Undocumented Resources for Educators, Parents, Students, and College Graduates: a resource guide that encompasses informative links not only for students but educators as well.



My Undocumented Life: provides the latest news on immigration & what they may mean to our undocumented community and the steps they can take to protect ourselves. You'll also find more general information about upcoming events, films, webinars, immigration policies, research reports, and more ([List of Colleges Providing Covid19 Emergency Funds to Undocumented Students](#)).

MORE VOTER INFORMATION

- **SU Student Voter Registration on Resources**
<https://sites.google.com/southwestern.edu/students-cel/voting/voter-registration-resources>
- Find more information about your *voter registration* and *where to vote* at <https://webservices.sos.state.tx.us/vrapp/index.asp>
- Find your polling place at <https://www.vote.org/polling-place-locator/>
- **VOTE BY MAIL:** More info for a **BALLOT BY MAIL** application at <https://www.sos.texas.gov/elections/voter/reqabbm.shtml>
- **Election Day Voting:** If you're on campus, join your peers at the Robertson Center to cast your vote! If off-campus, you can locate your polling place and its hours for early voting + Nov. 3rd at this link: <https://www.votetexas.gov/>
- Geared toward Austinites: <https://lwvaustin.org/voting-information/>
- IF you live outside the state of Texas, follow the link below to get more information: <https://turbovote.org/>

OTHER RESOURCES:

- <http://shesepuede.org/>
- <https://www.whenweallvote.org/>
- <https://votolatino.org/>



A huge thank you to Terri Johnson for her endless support and tools!

E.B.O.N.Y: Empowering Blacks and Others to Never Yield
Wednesdays @6:15pm
Kellie and Ivan
mainai@southwestern.edu
henders5@southwestern.edu

Asian Student Organization (ASA)
1st meeting: week of Sept. 28th
Tayvin and Kristie
chengk@southwestern.edu
ottit@southwestern.edu

Muslims and Allies
Fridays @4:30pm
Bill and Yusuf
kahn@southwestern.edu
shamy@southwestern.edu

SU Native
Meetings: TBD
Alex
bella@southwestern.edu

CDSJ
Thursdays @7pm
Alex
bella@southwestern.edu

Student Organizations

Food Justice Association
Meetings: TBD
Antonia
renfroea@southwestern.edu

Hispanic and Latinx Organization
Mondays @7:15pm
Maureen and Juan
rendonm@southwestern.edu
mojicaj@southwestern.edu

The Coalition for Diversity and Social Justice (CDSJ) is an inclusive and supportive umbrella organization that promotes and advocates for diversity. CDSJ is an outlet to amplify and empower student voices in a community setting to challenge the oppression of any individual or group.

Reproductive Justice Alliance (RJA)
Meetings: TBD
Aydan and Vivienne
uriasa@southwestern.edu
miller17@southwestern.edu

Educators 4 Equity
Meetings: TBD
Coleen and Antonio
rochec@southwestern.edu
renfroea@southwestern.edu

We have included the organizations' meeting times and the primary contact information for more updated information and as a resource to you!

Pirates for Pride (P4P)
Wednesdays @5-6pm
Zarine Parakh
parakhz@southwestern.edu

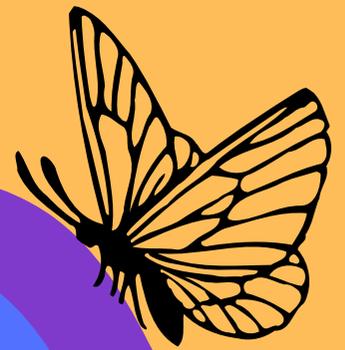
Latinx Unidos
Meetings: Fridays @4pm
Emma and Elise
lopez4@southwestern.edu
cavazose@southwestern.edu

Kappa Delta Chi (KDChi)
Mondays @6:15pm
Alex
bella@southwestern.edu

Students for Environmental Activism and Knowledge (SEAK)
Wednesdays @7pm
Nicole and Ethan
rajtagn@southwestern.edu
hendrix@southwestern.edu

Jolt
Wednesdays @5-6pm
Jack
martin21@southwestern.edu

WE WANT TO HEAR FROM YOU



Contact info:

- Co-president Maureen Rendon rendonm@southwestern.edu
- Co-president Juan Mojica mojicaj@southwestern.edu
- Vice President Jasmine Herrera herrera3@southwestern.edu
- Historian Morelia Hernandez hernan15@southwestern.edu
- Secretary Mariana Ormeño ormenom@southwestern.edu

Please do not hesitate to contact us and share your thoughts on what you want to see on campus or within HALO. We are open to change! Share any questions, comments, or concerns with us, you all are not alone!

HALO 

REACH OUT TO US!