Southwestern resources that aren’t widely advertised, but are extremely helpful to know about!
The counseling center offers **STD testing, $10 emergency contraceptives, and birth control services.** You will be required to provide your current insurance information. You will not have to pay a copay, but your insurance will be billed. If laboratory testing is required, then the lab will bill your insurance company.

The Health Center provides a variety of services, including:

- On-site PCR testing for students with symptoms of COVID-19
- Complete evaluation by a Physician, Nurse Practitioner or Physician Assistant
- Prescription medications sent to the pharmacy of your choice
- Laboratory services
- TB skin testing
- Flu vaccine
- On-site testing for strep throat, mono, flu
- UTI evaluation and treatment
- Physical exams for study abroad and internships
- Well woman exams
- STD testing, treatment and education
- Birth control information and prescriptions
- Pregnancy testing
- Free condoms in the lobby (latex-free by request)
- Emergency Contraception
- OTC medication with instructions for use
- Minor trauma evaluation and dressings
- Suture and staple removal
- Depression and anxiety screening and treatment
- Counseling Center referrals
- Information on community resources

*contact: 512-863-1252*
Health Insurance

If you don’t have a current health insurance policy, you are required to purchase the SU Student Health Insurance policy, which is billed directly to your student account.

If you are not able to afford this insurance, you can contact the Financial Aid office (finaid@southwestern.edu) and request a grant to cover the insurance.
We wanted to include several outside BIPOC health & wellness resources for you all to consider! This is only a select few, there are countless more resources out there. Let us know if we can help you access this information!

Therapy and Healing Collectives: (all resources are underlined with hyperlink)

- **Inclusive Therapists**: A diverse and culturally inclusive community of therapists, centering BIPOC, LGBTQ+, and people with disabilities.
- **People of Color Healing Circle**: QTBIPOC centered and led healing.
- **SuSu Healing Collective**: offers workshops, classes, individual sessions, communal gatherings, and botanical healing and ritual.
- **Ethel’s Club**: This is digital membership for POC to enjoy workshops, wellness sessions, and live concerts from home!
- **MetaDEN**: a safe haven for BIPOC centering queer, trans, and gender non-conforming communities.
- **Hush Harbor Rootworks**: a teaching circle of medicine arts from across indigenous diaspora and ancestral herbalism.

Podcasts for BIPOC mental health hosted by BIPOC:

- **Black Therapy Uncensored** hosted by a NYS Licensed Mental Health Counselor
- **Therapy for Black Girls** hosted by Dr. Joy Harden Bradford
- **Nopal Kweenz** hosted by three Latinx Therapists
- **Brwngrl Feels** hosted by three filipino women
- **unswtnd + unfltrd** hosted by Zaina and Dounya
- **My Best Friend is A Therapist** hosted by Sara and Nazneen
- **Through the Eyes of a Therapist** hosted by Cristal Martinez Acosta
- **Future Faces of Therapy** hosted by five young therapists
The SU community always comes together to support one another, especially during times of need. Southwestern remains firmly committed to meeting the needs of our students in every way possible as we navigate through the COVID-19 crisis.

- Food
- Housing
- Medical care
- Technology
- Travel
- Other unexpected or unforeseen needs

**HERE** is the Google Form to apply for the funds. There is a $500 maximum per school year, and you may receive the funds twice during your time at Southwestern. This alludes to difficult circumstances: receiving $500 in the fall and $500 in the spring since they are in different calendar years.

There is also opportunity for assistance in regard to the **BOOK scholarship** through the FinAid Office, too!

**FOR MORE INFORMATION CONTACT THE FINANCIAL AID OFFICE:** 512-863-1259 or email finaid@southwestern.edu.
Before the school-year ends, the FinAid office posts available scholarships for students on Postmaster.

**Here** is the website with all of the information about applying for different continuing scholarships that vary from:
- Leadership/Service Scholarships
- Departmental Scholarships
- Greek Life Scholarships
- United Methodist Scholarships

Although you might think you may not be eligible to apply for some of these, chances are that you are!

There’s always caveats that allow you to apply. If you find yourself in extreme financial need, don’t be afraid to reach out to your department chairs and professors. They can always lead you in the right direction and can provide you with insight to more funding opportunities that you don’t see on the website!

Some of our HALO members have been recipients of the following scholarships. Do not be afraid to reach out if you need help with your essays!
This scholarship is for Juniors and Seniors who are involved in civic engagement and student leadership. Candidates must have at least a 2.0 cumulative GPA and completed at least 80% of all credit hours attempted in their Southwestern coursework. Awarded on the basis on financial need. Preference is given to students from under-represented groups.

Amount: Variable
Application Deadline: May 1

**Earl Lee Moseley, Jr. Scholarship**

For this scholarship, preference will be given to students who have completed at least two years of full-time enrollment, are pre-ministerial students, and/or who have demonstrated interest in activities or occupations which promote peace and justice locally, nationally or globally. Furthermore, preference may be given to students who are members of the United Methodist Church.

Amount: $3,000 for one year
Application Deadline: May 1

**J. Charles Merrill Peace and Justice Scholarship**

For this scholarship, preference will be given to students who have completed at least two years of full-time enrollment, are pre-ministerial students, and/or who have demonstrated interest in activities or occupations which promote peace and justice locally, nationally or globally. Furthermore, preference may be given to students who are members of the United Methodist Church.

Amount: $3,000 for one year
Application Deadline: May 1

**Judge Richard Critz & Robert H. Purl Pre-Law Scholarship**
**RAICES**: a non-profit org that catalyzes justice by providing free and low-cost legal services to immigrant children, families, and refugees.

**Informed Immigrant**: reflects the functions of a database that covers a broad scope of resources for undocumented students & families including scholarships and fellowships.

**United We Dream**: the largest immigrant youth-led community in the country. We create welcoming spaces for young people - regardless of immigration status - to support, engage, and empower them to make their voice heard and win! [Check out this Educator toolkit]

**Undocumented Resources for Educators, Parents, Students, and College Graduates**: a resource guide that encompasses informative links not only for students but educators as well.

**My Undocumented Life**: provides the latest news on immigration & what they may mean to our undocumented community and the steps they can take to protect ourselves. You’ll also find more general information about upcoming events, films, webinars, immigration policies, research reports, and more (List of Colleges Providing Covid19 Emergency Funds to Undocumented Students).
Where to REGISTER + Where to VOTE

Register IN PERSON at your county voter registrar’s office. In some counties the tax assessor-collector is also the voter registrar. In other counties, the county clerk or elections administrator registers voters.

- Keep a look out for #SUvotes and Jolt pop-up stations
- Register BY MAIL by obtaining an application from your county voter registrar’s office or pick up applications at libraries, government offices, or high schools.

IMPORTANT DATES

- Monday, Oct. 5, 2020: Last day to register
- Friday, Oct. 9, 2020: Estimated iVoterGuide Release date for general election
- Tuesday, Nov. 3, 2020: General Election Day

credit: @thevotingguide

Do you know who is on your ballot?

- Check out https://www.ballotready.org for the latest information on local, statewide, and federal candidates!
• SU Student Voter Registration on Resources https://sites.google.com/southwestern.edu/students-cel/voting/voter-registration-resources

• Find more information about your voter registration and where to vote at https://webservices.sos.state.tx.us/vrapp/index.asp

• Find your polling place at https://www.vote.org/polling-place-locator/

• VOTE BY MAIL: More info for a BALLOT BY MAIL application at https://www.sos.texas.gov/elections/voter/reqabbm.shtml

• Election Day Voting: If you're on campus, join your peers at the Robertson Center to cast your vote! If off-campus, you can locate your polling place and its hours for early voting + Nov. 3rd at this link: https://www.votetexas.gov/

• Geared toward Austinites: https://lwvaustin.org/voting-information/

• IF you live outside the state of Texas, follow the link below to get more information: https://turbovote.org/

OTHER RESOURCES:
• http://shesepuebde.org/
• https://www.whenweallvote.org/
• https://votolatino.org/

A huge thank you to Terri Johnson for her endless support and tools!
The Coalition for Diversity and Social Justice (CDSJ) is an inclusive and supportive umbrella organization that promotes and advocates for diversity. CDSJ is an outlet to amplify and empower student voices in a community setting to challenge the oppression of any individual or group.

We have included the organizations' meeting times and the primary contact information for more updated information and as a resource to you!
Please do not hesitate to contact us and share your thoughts on what you want to see on campus or within HALO. We are open to change! Share any questions, comments, or concerns with us, you all are not alone!

Contact info:
- Co-president Maureen Rendon rendonm@southwestern.edu
- Co-president Juan Mojica mojicaj@southwestern.edu
- Vice President Jasmine Herrera herrera3@southwestern.edu
- Historian Morelia Hernandez hernan15@southwestern.edu
- Secretary Mariana Ormeño ormenom@southwestern.edu