

# Southwestern University

## Career Services

### POST GRADUATE SURVEY



**Ashley Bird '06 and Hugh Arrington '06 turned hard work on the court and in the classroom into careers in health care and business.**

graduate profile

## Ashley Bird

CLASS OF 2006

## Hugh Arrington

CLASS OF 2006

As student-athletes, Ashley Bird '06 and Hugh Arrington '06 gained valuable leadership, teamwork and communication skills. On and off the basketball court, they learned to work with a variety of people to achieve a common goal, a skill both attest has helped them smoothly transition to their respective jobs as an exercise specialist in Cardiac Rehabilitation at St. David's Georgetown Hospital and an account executive at Clear Channel Radio Houston's KBME 790 The Sports Animal.

Bird, a kinesiology major, explains, "Extracurricular activities such as basketball, student government and Zeta Tau Alpha contributed immensely to my success outside of Southwestern by teaching me how to balance my time and work with a variety of people. These experiences have allowed me to ease gracefully into my position, where I am required to work with special populations and a diverse group of coworkers."

Arrington, a communication studies major, concurs. "Even though radio sales are based on individual effort," he says, "my leadership ability, which I strengthened in extracurricular activities, helped me take charge of my own fate and motivate myself to do what I have to do to become successful." He continues, "My work with 790 The Sports Animal is a good fit. I've always been involved in sports, and it was an easy transition from playing sports to talking sports with my clients as a segue into talking business."

Both graduates also credit close connections with professors and internship experiences as key to their success. "By taking advantage of my professors' willingness to aid in my career development," Bird says, "I was not only able to find a field in which I could be successful, but also able to obtain an invaluable internship that later evolved into my current job. My professors' connections in the Georgetown and Austin communities helped me to network with a large



