

Counseling & Health Center

The mission of the Counseling Center is to provide the highest-quality mental-health treatment for the whole person, to promote healthy lifestyles, and to support students' ability to overcome and manage personal problems when they arise. The Counseling Center supports students' personal growth and development of social competencies in a safe and respectful environment where students are valued and encouraged to create their own unique identities.

Southwestern University Health Center provides excellent medical services that promote physical and mental health, support academic success, and foster a healthy campus community. We recognize each student encounter as an opportunity for health promotion and education. We are committed to providing high quality services that are confidential, respectful, and accessible, and that support the holistic wellness of the individual.

All forms of health insurance are accepted. Students should bring a copy of their current health insurance card to every appointment. The Counseling and Health Center is located in the Prothro Center, Suite 200.



The Health Center requires copies of your immunization records and a TB screening test by June 1st. *These must be submitted before you will be allowed to move onto campus.*

- **Upload your immunization records and TB skin test:** Go to southwestern.edu/health-center and click on the Patient Portal link. Log in using your SUID and password. Enter the required information, and upload copies of your complete immunization records and TB test results using your smartphone or a computer.
- **Immunization records:** All students age 21 and under are required to have a meningitis vaccine within the past 5 years. This is mandatory for all college students in the state of Texas. Upload copies of all immunizations ever received.
- **TB test:** All students are required to have a TB screening within the past year. A TB skin test (PPD) is acceptable if you have never had the BCG vaccine, never had tuberculosis, and never had a positive TB skin test. Otherwise, you will need to have the IGRA blood test. If your TB skin test is positive, you **MUST** have the IGRA blood test. A chest X-ray will **NOT** be accepted.
- **Health history:** Click on the Health History link in the patient portal and answer the questions to provide family medical history, personal health history, and a complete list of allergies and medications

Southwestern University students are required to have and to keep current health insurance coverage for the Georgetown, Texas area as a condition of enrollment. All student accounts will automatically be charged for the University's student health insurance plan annual premium for the 2020-2021 academic year. This is a 12-month coverage policy through EIIA from August 10, 2020 to August 9, 2021. For policy questions, or to complete early enrollment or waive coverage, please go to eiiia.org/institution/southwestern-university or call 1.888.255.4029.

EARLY ENROLLMENT: Students who want to use the SU student health insurance plan are strongly encouraged to complete the Early Enrollment process on the EIIA website in order to have access to their insurance cards as soon as the policy becomes effective on August 10. Students who do not complete early enrollment or waive the student health insurance policy will receive their insurance cards mid- to late-September.

WAIVING COVERAGE: Students who are covered by their own health insurance policy must complete the waiver process on the EIIA website above by providing proof of their current health insurance policy before the waiver deadline of July 16.