

# VIRTUAL STUDY ABROAD FAIR

## Oh, the Places You'll Go!



Join us via Ring Central  
Tuesday, September 15th 1:00-4:30pm  
Wednesday, September 16th 11:30am-2:15pm

For more information, contact:  
Office of Study Abroad & International Student Services  
[studyabroad@southwestern.edu](mailto:studyabroad@southwestern.edu)  
<https://sites.google.com/southwestern.edu/studyabroadfair2020>



SOUTHWESTERN UNIVERSITY

# Steps To Study Abroad Or Away

*It is easy to study abroad or study away during your time at Southwestern! Here are some steps to get started.*

1. Explore programs on the Southwestern Study Abroad Website:  
[www.southwestern.edu/study-abroad/](http://www.southwestern.edu/study-abroad/)
2. Meet with a study abroad peer mentor to learn about our programs and the application process.
3. Attend the Study Abroad Fair in September to explore your program options.
4. Attend an Information Session focused on a specific program or general study abroad.
5. Think about your goals for studying abroad, interning abroad, or studying away (domestically).
6. Make an appointment with a Study Abroad Advisor.
7. Research programs as well as cost and funding information: [www.southwestern.edu/study-abroad/](http://www.southwestern.edu/study-abroad/)
8. Meet with your academic advisor and explore courses offered

## PROGRAM CONSIDERATIONS

1. Your personal goals
2. Academic credit that meets your degree plan
3. Timing (academic, extracurricular)
4. Language of instruction
5. Program cost and funding opportunities
6. Housing (dorm, homestay family, apartment)
7. Length (summer, semester, year)
8. Travel with SU cohort, students from the U.S., or be immersed with local students
9. Opportunities to intern, research or participate in community-engaged learning
10. Region, country or city

## APPLICATION DEADLINES

September 1st - **Spring** ISEP & **Spring** CHIP  
October 1st - **Spring** Program Providers  
December 1st - SU Faculty-Led **Spring** Programs  
February 1st - **Fall** ISEP, **Fall** CHIP, & **Summer** Program Providers  
March 1st - **Fall** Program Providers & SU London

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# Study Abroad/Away

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## HEALTH OR DISABILITY CONSIDERATIONS

The Office of Study Abroad is committed to supporting all students having the opportunity to study abroad or study away. Here are some resources to assist with planning a successful program with your health considerations in mind.

### Tips for Students with Disabilities, Accommodations, and/or Health Concerns:

- If you have approved accommodations through the Center for Academic Success, request a letter of eligibility so you can provide it to our program.
- Let the Study Abroad Office/Program know so that they can assist you with your accommodations plans.
- Research programs, locations, and attitudes in advance; many accommodations that are common in the U.S. are not available or the same as you are accustomed to.
- Consider program and classroom facilities, housing, transportation, program excursions, medications, academic accommodations, and food or supplies that may be needed.

### Health Considerations:

- Talk with your current healthcare provider and/or counselor about your study abroad or away plans.
- Make sure your medications are legal in your host country and that you can bring enough medication to last the entire time abroad; take a copy of your prescription(s) in case you need to get a refill.
- Consider food and environmental allergies, special diets, and the local food customs and availability.

## MENTAL HEALTH TIPS

- **Plan** - Talk with your counselor about strategies.
- **Be aware** - A new environment can cause stress.
- **Take care of your body** - Eat healthy, drink plenty of water, get enough rest, and exercise.
- **Stay connected with your support network.**
- **Journal.**
- **Take medication as prescribed;** be aware of possible interactions with alcohol
- **Reach out and ask for help** - there are local resources, and your program can connect you.

## RESOURCES

- [Mobility International](#)
- [EIIA Insurance](#) (country information)
- [Culture and Diversity Destination Guides](#)
- [Travelers with Special Considerations](#)
- [Food and Drug allergies, Special Diets](#)
- [Students with disabilities abroad](#)
- [Traveling with a guide dog or service animal](#)

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# Study Abroad Programs

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## 2021 FACULTY-LED PROGRAMS

### Summer 2021

Amsterdam, The Netherlands: SU Amsterdam, *Sexuality and Culture*

Theme: Psychology ■ Length: 3 1/2 weeks ■ Led By: Dr. Traci Giuliano

Granada, Spain: SU Granada, *Advanced Spanish Language and Culture and International Business*

Theme: Advanced Spanish & Business ■ Length: 7 weeks ■ Led By: Dr. Katy Ross and Prof. Andy Ross

Lugano, Switzerland: SU Switzerland, *Sustainability in Switzerland*

Theme: Environmental Studies ■ Length: 4 weeks ■ Led By: Dr. Josh Long

## APPROVED PROVIDER PROGRAMS

SU offers programs through a wide range of approved study abroad program providers:

### Full List of SU-Approved Program Providers

<https://www.southwestern.edu/study-abroad/study-abroad-programs/program-providers/>

### API (Academic Programs International)

<https://apiabroad.com/>

### IES (Institute for the International Education of Students)

<https://www.iesabroad.org/>

### IFSA (Institute for Study Abroad)

<https://www.ifsa-butler.org/>

### ISEP (International Student Exchange Programs)

<https://www.isepestudyabroad.org/>

### SIT (School for International Training)

<https://studyabroad.sit.edu/>

## APPLICATION DEADLINES

*All students must apply to Southwestern first.*

September 1: **Spring** ISEP & **Spring** CHIP

October 1: **Spring** Program Providers

December 1: SU Faculty-Led **Summer** Programs

February 1:- **Fall** ISEP, **Fall** CHIP, & **Summer** Program

March 1:- **Fall** Program Providers

### Next Steps

- Attend Program Information Session
- Make an Appointment for Advising
- Apply and Go!

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# Diversity, Identity & Study Abroad

## DIVERSITY AND IDENTITY

The Office of Study Abroad is committed to supporting all students with the opportunity to study abroad or study away. There are many aspects of your identity that you may want to consider as you plan to study abroad. Study abroad gives you the opportunity to learn about yourself and your culture, as well as to consider the cultural norms of your host country. The manner in which you are viewed in your host country may differ from what you are used to. It is important to learn about the attitudes, laws, customs, and expectations in your host country as you plan and prepare.

## IDENTITY CONSIDERATIONS

### **SU Scholarships for SU approved programs:**

- LGBTQIA
- Women travelers
- Race & ethnicity
- Religion & spirituality
- High financial need
- First generation in college student
- Accessibility (health and mobility)
- Heritage seekers

## QUESTIONS TO ASK FOR STUDENTS OF COLOR

- How is my race or ethnicity group perceived in my host country? What kind of stereotypes are there?
- How should I react if I find something to be offensive?
- Is the person curious, or do they have bad intentions?
- Has my host family housed students of color before? If not, will this be an issue for them?
- Am I used to being part of the majority at home but will be a minority abroad? Or vice versa?
- Will there be other students of color in my program?
- Does my program have support staff that will understand and help me through any racial or discriminatory incident I may face?

## RESOURCES

- [EIIA Insurance](#) (country information)
- [Culture and Diversity Destination Guides](#)
- [Travelers with Special Considerations](#)
- [Mobility International](#)
- [First Generation in College Students](#)
- [Equaldex](#) (LGBT laws by country)
- [Unpacked](#) - stories from students like me
- [Students of Color Abroad](#)
- [Religious Diversity Abroad](#)
- [Students on a budget](#)

## MUST ASK QUESTIONS FOR WOMEN

- Is it safe for me to go out alone or at night? Are there areas or places I should avoid?
- How are women expected to behave?
- How do men treat women?
- What are the cultural norms regarding friendship and dating?
- Do people in my host country have stereotypes of American women?
- What does my dress communicate about me? Is it considered provocative or inappropriate? (by [Diversity Abroad](#))

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# Funding Study Abroad/Away

## COST INFORMATION

The costs for study abroad and study away vary by program type, location, length, and travel costs. Most programs cost about the same as SU or less than SU. There are some programs that cost more than SU.

**Cost Considerations:** Consider both program costs (including program fee, room and board, travel costs, and passport/visa fees) and cost variance by location (airfare, local cost of living, etc.). For example, London or Tokyo will cost much more than Costa Rica. Please review additional tips for [students on a budget](#) at DiversityAbroad.com.

**The following SU-sponsored programs charge SU tuition, room and board, plus travel costs:**

- SU London Semester\*
- ISEP Exchange\*
- Capitol Hill Internship Program (CHIP) in Washington, D.C.\*
- New York Arts Program in New York City

\*SU merit aid applies

**Study Abroad Program Providers have costs that vary by program, length and location.**

- No charges for SU tuition, room and board
- Federal financial aid applies for 12 hours or more in semester or 6 hours or more in summer
- SU merit aid does *not* apply

## SCHOLARSHIPS

**SU Scholarships for SU approved programs**

- **Kahler Scholarship:** need-based awards, prioritize fall/spring study abroad, \$500-\$5000.
- **Lokey Scholarship:** need-based awards, summer study abroad only, \$200-\$700.
- **Paideia Scholarship:** merit and need-based awards. Essay required. \$500-\$2500.

**National Study Abroad Scholarships:**

**Gilman Scholarship:** Students must be Pell Grant eligible on their federal financial aid and an U.S. citizen. Apply through [Gilman](#) by their deadline. Two essays required. \$1000-\$5000.

## FINANCIAL AID

**SU Merit Aid Applies to:**

- SU London Semester
- ISEP Exchange (semester)
- Capitol Hill Internship Program (CHIP) in Washington, D.C.

**Federal Financial Aid Applies to:**

All SU-approved study abroad programs that are:

- Semester - 12 credit hours or more
- Summer - 6 credit hours or more

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# Study Abroad/Away Credit

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Students who participate in an approved Southwestern study abroad or study away program will receive academic credit at SU. It is helpful to understand the differences between elective credit and major/minor/general education credit, as well as SU in-residence credit versus transfer credit.

Southwestern University requires that all students complete a minimum of 15 credits (semester programs), or a minimum of 3 credits (summer programs), while on a study abroad or study away program.

## **Elective credit**

- Office of Study Abroad approves credit
- Contributes to overall credit requirements for graduation

## **Major, Minor or General Education credit**

- Department chair approves credit
- Course description and/or syllabus of course may be required
- Students must complete 60% of major credit and 12 out of 18 minor credits in residence

## **CREDIT APPROVAL PROCESS**

1. Meet with SU Academic Advisor.
2. Meet with SU Study Abroad Advisor.
3. Research the available programs and courses.
4. Complete the Course Approval Form before your departure.
5. Departments approve your courses.
6. Complete the Verification of Enrollment Form on your arrival.
7. Submit your transcripts or grade report after the program.
8. Receive credit.

## **SU VS TRANSFER CREDIT?**

### **SU In-Residence Credit:**

Credit counts toward SU GPA, residence requirements.

#### Programs:

- SU Faculty-led Programs  
(SU Summer, London Semester)
- Capitol Hill Internship Program (CHIP),  
Washington, D.C.

### **Transfer Credit:**

Must receive a grade of C- or above to earn credit.

Does not count toward SU GPA or residence requirements.

Graduate schools require original transcripts.

#### Programs:

- All SU approved study abroad program providers
- ISEP Exchange and ISEP Direct
- New York Arts Program

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