

# Counseling & Health Center

## REQUIREMENTS

The Health Center requires copies of your immunization records and a TB screening test by June 1st. ***These must be submitted before you will be allowed to move onto campus.***

For a successful transition:

- **Collect your immunization records**  
Make sure you have had a meningitis vaccine within the past 5 years if you are 21 years or younger. This is mandatory for all college students in the state of Texas. Also, gather records for all immunizations you have received.
- **Get a TB test**  
A TB skin test (PPD) is acceptable if you have never had the BCG vaccine, never had tuberculosis, and never had a positive TB skin test. Otherwise, you will need to have the IGRA (Quantiferon Gold) blood test.
- **Upload your immunization records and TB test**  
Go to [southwestern.edu/health-center](https://southwestern.edu/health-center) and click on the Medicat link. Log in using your SUEID and password. Enter the required information, and upload copies of your complete immunization records and TB test results using your smartphone or a computer.
- **Enter your health history**  
Please provide a complete list of allergies, current medications, and medical history by answering questions in the Medicat system.

Questions? Call the Counseling and Health Center at 512.863.1252.



The mission of the Counseling Center is to provide the highest-quality mental-health treatment for the whole person, to promote healthy lifestyles, and to support students' ability to overcome and manage personal problems when they arise. The Counseling Center supports students' personal growth and development of social competencies in a safe and respectful environment where students are valued and encouraged to create their own unique identities.

Southwestern University Health Center provides excellent medical services that promote physical and mental health, support academic success, and foster a healthy campus community. We recognize each student encounter as an opportunity for health promotion and education. We are committed to providing high-quality services that are confidential, respectful, and accessible and that support the holistic wellness of the individual.

Students should bring a copy of their current health insurance card to every appointment. Appointments are strongly recommended.

The Counseling and Health Center is located in the Prothro Building, Suite 200.