Study Tips!

Places to study:
• Cove—booth, couches
• Mall
• Library—alcoves, study rooms, couches on 1st floor, large tables on 2nd floor, media room on 2nd floor
• CAS office lounge on 3rd Cullen
• Alumni Office Lounge on 2nd Cullen
• Bishops Lounge
• The classroom of the class/exam
• Coffee shops: Down the Alley Bistro, Starbucks
• Restaurants: IHOP (24 hr),
• Dorm or apartment
• Bathtub
• Blanket tent with a booklight
• Gym
• Park

Ways to Study:
• Reread highlighted/underlined material
• Type chapter notes: main ideas, keywords, summary
• Highlight notes
• Create a hierarchical study guide of text/class notes
• Speak out loud
• Teach someone else or the wall
• Memorize “chunks”
• Outline essay topics before in-class essay exam—don’t just assume you can throw together an essay in class, especially if you have the topics beforehand
• Underwater/at the pool—put notes or study guide in a large Ziploc bag
• While chewing grape-flavored gum—chew it again when taking the exam
• Record and listen to lecture—as professor first if it’s ok
• Tape record your own notes—but remember, just listening won’t make you learn. You must actively listen, repeat, and memorize
• In the car at the park
• Sticky notes in common places
• Doodling while study
• Notecards
• Bounce a ball
• Redraw graphs and charts
• While walking
• While hydrating—your brain is mainly water and needs it to function optimally
• Question-Answer format
• Mnemonics—but make sure you remember what they stand for!
• Write a song with the material
• Associate concepts with examples from your own life
• Read faster—it engages you more and does allow your mind to stray as much; makes you stay focused.