SPRING SESSION 2
MARCH 21-MAY 2
THURSDAYS @5:30PM

ZUMBA
Zumba fuses hypnotic Latin rythms and easy to follow moves to create a one of a kind fitness program that will blow you way. It achives long term benefits while experiencieg an absolute blast in one exciting session of calorie burning and body energizing movements.

REGISTRATION
The SU fee for Southwestern students, faculty, staff, retirees, alumni and their spouses or partners is $20 for 1day/week (Thursday)
The fee for the general public is $40 for 1 day/week

SPACE IS LIMITED! To register head to the SIRA website and fill out the SIRA Fitness Registration Form

Instructor Qualifications: Kelly Sanford has both Zumba Fitness and American Red Cross certifications.

Questions/Comments
SIRA Office, CJR 214
512-863-1606