ERGONOMICS PROGRAM

Introduction

The purpose of this program is to address and correct ergonomic challenges in the university workplace. Ergonomics is the study of the relationship of human interaction (limitations) with equipment, tools or tasks in the workplace that could cause injury. Workers whose jobs require a major portion of their time to use repetitive motions with few breaks, excessive reaching, bending, lifting of heavy objects, using continuous force, working with vibrating equipment for extended periods of time may be at a higher risk of developing a musculoskeletal disorder (MSD).

Goal

The goal is to help design / retrofit / adapt the workplace environment to accommodate the worker to reduce or prevent work related musculoskeletal disorders (MSD) and stress. To educate our workforce on ergonomic risk factors and prevention techniques.

Program

- develop a formal process for employees to report ergonomic issues
- provide for a workplace ergonomic assessment/training to identify potential risk factors/contributors
- provide a report of assessment with recommendations for corrective actions to modify the workplace/equipment/task/employee interaction to reduce or control the risk factors associated with ergonomic stress/disorders
- follow-up process to incorporate corrective actions with our ergonomic team
- initiate medical assistance whenever appropriate (workers compensation cases) where a direct job related task caused an injury or where signs/symptoms from work related tasks persist over seven days from the date reported by employee
- provide ergonomic education/training to our workforce
- provide ergonomic design/evaluation for all new computer purchases