

RULES FOR BASKETBALL ROUNDUP

Three Point Shot Contest:

Each competitor will have one minute to shoot as many 3-Pointers as he/she can from five designated spots behind the 3-point line. Each competitor must attempt at least one shot from each of the five spots to qualify.

Free Throw Contest:

Each competitor will receive twenty-five (25) free throw attempts. In the event of a tie, the competitor with the most consecutive made shots will be declared the winner.

Spot Shot:

Each competitor will be timed on how long it takes to shoot and make six different shots arranged in a certain order. There will be a 15 second penalty for advancing to another spot without making a shot at the previous spot. There is a 10 second penalty for not shooting in the correct order.

2 Ball:

- 1. One player begins at the half court line with the ball; the second player begins anywhere on the half court playing area.**
- 2. Players must pass or dribble the ball into play and then pass or dribble the ball form on shooting spot to another.**
- 3. Players have one minute to score as many baskets as possible from any of the six shooting spots placed on the game court.**
- 4. Teams must shoot from a minimum of three different shooting spots during the game or the team is penalized five points.**
- 5. Lay-ups are worth two points each; each team can score a maximum of two lay-ups.**
- 6. The lay-up is considered a shooting spot.**
- 7. Players must begin a shot with one foot on the shooting spot; jump shots are allowed.**
- 8. One penalty point is deducted for each motion violation (double-dribbling, palming, or traveling).**
- 9. One player cannot shoot consecutive baskets; teammates must alternate shots.**
- 10. There is no out-of-bounds.**
- 11. The last shot must leave the player's hand before the final buzzer(or whistle) in order to count.**