Portobello Rustico
Roasted portobello mushrooms with basil and tomato, baby spinach, fresh mozzarella and balsamic vinaigrette on a multi-grain roll.

NUTRITION FACTS
Serving Size: 1 sandwich (320g)
Amount Per Serving:

<p>| | | | | |</p>
<table>
<thead>
<tr>
<th></th>
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<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>380</td>
<td>Cholesterol</td>
<td>90mg</td>
<td>Protein</td>
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<tr>
<td>Total Fat</td>
<td>8g</td>
<td>Sodium</td>
<td>500mg</td>
<td>Vitamin A</td>
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<tr>
<td>Saturated Fat</td>
<td>4g</td>
<td>Potassium</td>
<td>450mg</td>
<td>Vitamin C</td>
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<tr>
<td>Trans Fat</td>
<td>0g</td>
<td>Calcium</td>
<td>20%DV</td>
<td>Iron</td>
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<tr>
<td>Polyunsaturated Fat</td>
<td>1.5g</td>
<td>Dietary Fiber</td>
<td>8g</td>
<td></td>
</tr>
<tr>
<td>Monounsaturated Fat</td>
<td>0g</td>
<td>Sugars</td>
<td>8g</td>
<td></td>
</tr>
</tbody>
</table>

Percent Daily Values (DV) are based on a 2,000 calorie diet.
All items are freshly prepared daily. Nutrition content may vary slightly.
Nutrition facts as of Fall 2009.

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Napa Valley Chicken Salad

Napa Valley chicken salad with fresh California red grapes, toasted walnuts and fresh tarragon. Served on a bed of field greens with carrots, sliced green apples and walnuts.

NUTRITION FACTS
Serving Size: 1 salad (380g)
Amount Per Serving:

- Calories: 340
- Cholesterol: 60mg
- Sodium: 320mg
- Total Fat: 15g
- Saturated Fat: 2g
- Trans Fat: 0g
- Polyunsaturated Fat: 6g
- Monounsaturated Fat: 3.5g
- Carbohydrate: 40g
- Dietary Fiber: 5g
- Sugars: 24g
- Protein: 27g
- Vitamin A: 100%DV
- Vitamin C: 40%DV
- Calcium: 15%DV
- Iron: 15%DV

Percent Daily Values (DV) are based on a 2,000 calorie diet.
All items are freshly prepared on-site. Nutrition content may vary slightly.
Nutrition facts as of Fall 2000.

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Dijon Curry Chicken Pita

Chicken salad with apples, fresh California grapes, celery and toasted almonds tossed with light Dijon curry mayonnaise. Served with field greens and wrapped in a pita.

Made with GREY POUPON.

NUTRITION FACTS

Serving Size: 1 sandwich (201g)

Amount Per Serving:

- Calories: 400
- Cholesterol: 20mg
- Total Fat: 12g
- Sodium: 630mg
- Saturated Fat: 1.5g
- Potassium: 330mg
- Trans Fat: 0g
- Total Carbs: 42g
- Polyunsat. Fat: 3.5g
- Dietary Fiber: 10g
- Monounsat. Fat: 3.8g
- Sugars: 8g

Percent Daily Values (DV) are based on a 2,000 calorie diet.

All items are freshly prepared onsite. Nutrition content may vary slightly.

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Vegetable Frittata Omelet

Cholesterol free frittata filled with mushrooms, sautéed onions, red and green bell peppers and Roma tomato. Served with a fresh fruit cup.
Chilaquiles
Corn tortilla chips tossed with your choice of salsa verde or fire roasted salsa. Topped with scrambled eggs, cheese, pico de gallo, avocado, sour cream and fresh cilantro.
Buffalo Bacon Angus Burger

Premium Angus burger topped with Buffalo style hot sauce, bacon, fresh tomato, green leaf lettuce and bleu cheese dressing. Served on a toasted sesame seed roll.
Maple Grilled Chicken Club

Maple grilled chicken topped with crisp bacon, fresh tomato, red onion, Cheddar cheese, green leaf lettuce and honey mustard. Served on a croissant.
Philly Cheese Steak Wrap

Philly-style cheese steak with mushrooms, peppers, onions and provolone cheese wrapped in a tomato tortilla.
Turkey, Caramelized Pear and Gorgonzola Salad

Mixed greens with caramelized pear, roast turkey, candied pecans, dried cranberries, gorgonzola and raspberry vinaigrette.
Farmers’ Breakfast Skillet

Scrambled eggs with ham, potatoes, onion, green peppers and Cheddar cheese.
Red Hot Buffalo Chicken Wrap
Crispy chicken tenders with carrots, romaine, bleu cheese dressing and Frank’s® Red Hot sauce wrapped in a flour tortilla.
Pecan Raisin Cinnamuffin
Freshly baked pull-apart cinnamon bun muffin with gooey pecan and raisin topping.
Crispy Onion Pepperjack Angus Burger

Premium Angus burger topped with BBQ sauce, pepperjack cheese, pickled jalapeños, crispy fried onions, fresh tomato and green leaf lettuce. Served on a sesame seed roll.
Boston Thanksgiving Turkey Sandwich

Oven roasted turkey, cornbread stuffing, fresh spinach, cranberry orange relish and mayonnaise on cornmeal dusted flatbread.
Honey Mustard Chicken BLT

Crispy chicken tenders topped with smoked bacon, lettuce, tomato, mayonnaise and honey mustard on a ciabatta roll.
Roast Turkey Cobb Salad

Mixed greens with roast turkey, crisp bacon, fresh avocado, hard boiled egg, tomato and Cheddar cheese. Served with bleu cheese dressing.
Dijon Egg Salad

Dijon egg salad with chives, fresh spinach and Roma tomato on pumpernickel bread.
Roasted Beet and Citrus Salad

Fresh spinach topped with roasted beets, mandarin oranges, roasted red onions and goat cheese. Garnished with toasted almonds and served with creamy orange poppy seed dressing.
Sweet Potato Fries
Add crispy sweet potato fries to any grilled item.