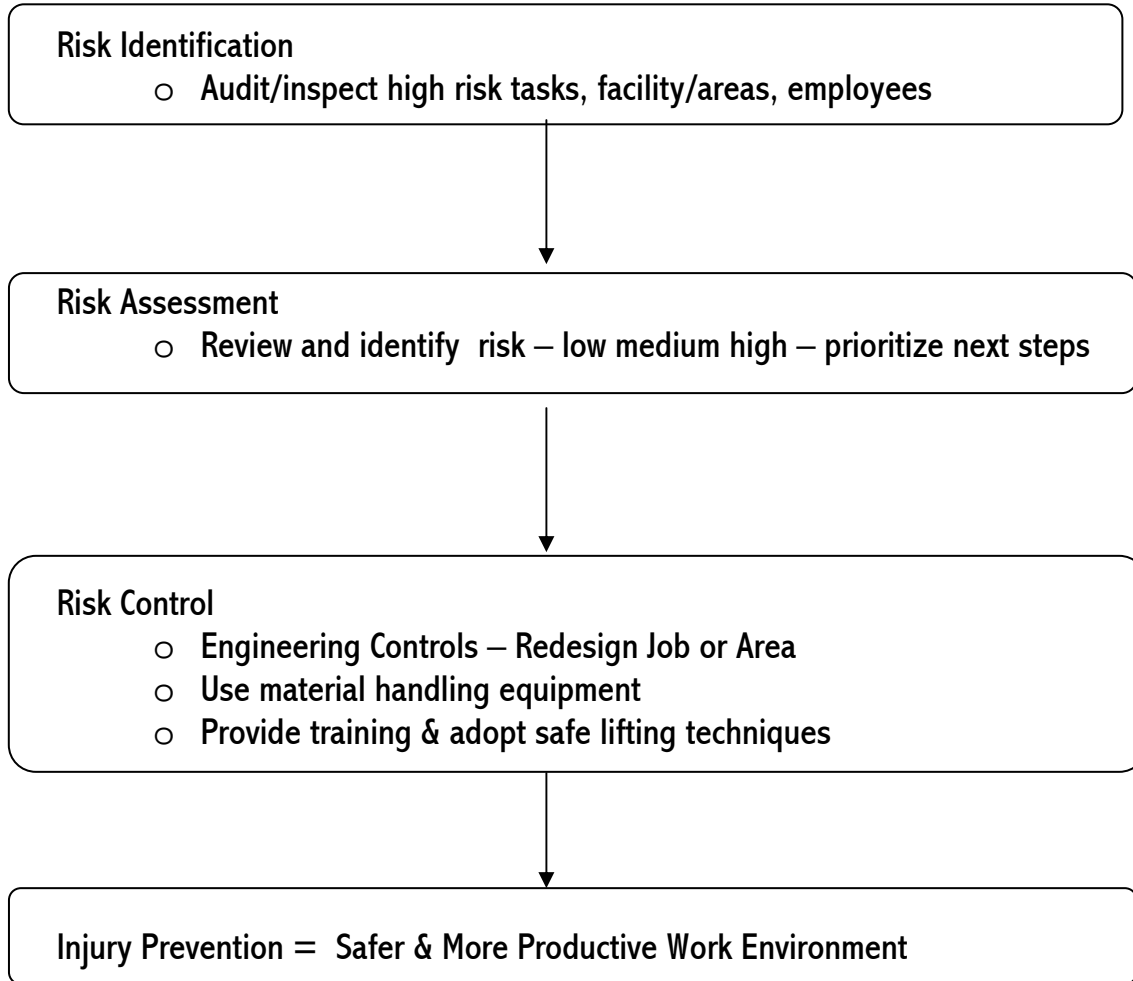


# Risk Management - Injury Prevention Guide For Lifting / Material Handling



NOTE: Lifts / Manual Material Handling Involve:

Lift Lower Carry Move Hold in Place Push Pull