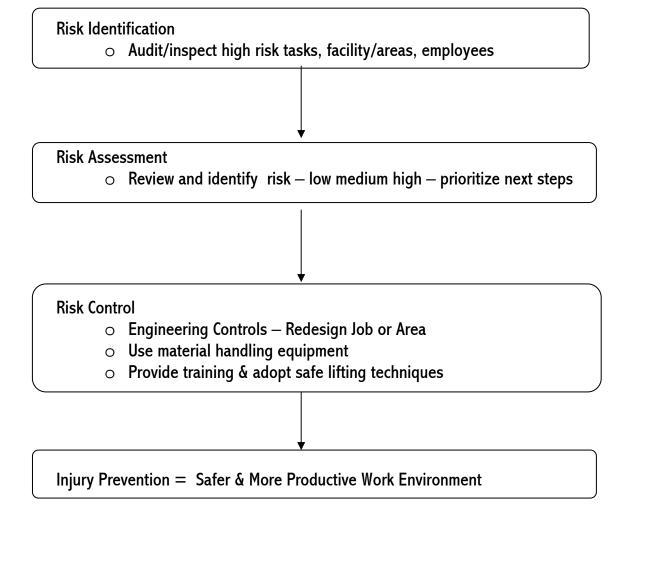
Southquestern University Safety Office

Risk Management - Injury Prevention **Guide For Lifting / Material Handling**



Move

NOTE: Lifts / Manual Material Handling Involve:

Lower

Carry

Lift

Pull

Push

Hold in Place