

Specialty Medications

Blue Cross and Blue Shield of Texas (BCBSTX), a Division of Health Care Service Corporation, has arranged for Prime Therapeutics Specialty Pharmacy* to support members who need specialty medication and help them manage their therapy.

Specialty drugs are often prescribed to treat chronic, complex health problems, such as multiple sclerosis, hepatitis C and rheumatoid arthritis. These drugs are typically received by injection, but may be topical or taken by mouth.

Specialty drugs frequently call for careful adherence to a treatment plan and have special handling or storage needs and may not be stocked by retail pharmacies.

Some specialty drugs must be given by a health care professional, while others are approved by the U.S. Food and Drug Administration (FDA) for self-administration. Medications that call for administration by a professional are often covered under your medical benefit. Your doctor will order these medications. Coverage for *self-administered* specialty drugs is usually provided through your pharmacy benefit. Your doctor should write or call in a prescription for self-administered specialty drugs to be filled by a specialty pharmacy.



Examples of Self-administered Specialty Medications

The chart below shows some conditions self-administered specialty drugs may be used to treat, along with sample medications. This list is not all-inclusive and may change from time to time. Visit **bcbstx.com** to see the up-to-date list of specialty drugs.

Condition	Sample Drugs*
Osteoporosis	Forteo
Cancer (oral)	Gleevec, Nexavar, Sprycel, Sutent, Tykerb
Growth Hormone	Genotropin, Humatrope, Norditropin, Omnitrope, Tev-Tropin
Hepatitis C	Copegus, Infergen, Intron-A, Pegasys, Peg-Intron
Multiple Sclerosis	Avonex, Betaseron, Copaxone, Rebif
Rheumatoid Arthritis/Psoriasis	Enbrel, Humira, Kineret

Support in Managing Your Condition: Prime Specialty Pharmacy

Through Prime Specialty Pharmacy, you can have your covered, self-administered specialty drugs delivered straight to you, or to your doctor's office. When you get your specialty drugs through Prime Specialty Pharmacy, you get support in managing your therapy – at no additional charge – including:

- Convenient delivery of drugs to you or your doctor's office
- Information about your particular condition and about managing potential medication side effects
- Syringes, sharps containers and other supplies with each shipment for self-injectable drugs
- > 24/7/365 customer service phone access

Ordering Through Prime Specialty Pharmacy

To start using Prime Specialty Pharmacy, call 877-627-MEDS (6337). If you currently use a self-administered specialty drug, you can have your existing prescription transferred to Prime Specialty Pharmacy.

If you have a new prescription, Prime Specialty Pharmacy can give you more information about submitting the prescription or having your doctor do so. Your doctor may also order office-administered specialty drugs through Prime Specialty Pharmacy.

Certain coverage exclusions and limitations may apply, based on your health plan. Check your benefit materials for details, or call the number on the back of your ID card with questions.

Call Prime Specialty Pharmacy at 877-627-MEDS (6337) to order. Have your ID card and the following information ready:

- Name, address, phone number
- Name of medication
- For existing prescriptions, your current pharmacy's name and phone number, and the prescription number
- Doctor's name, phone and fax numbers

Receiving Specialty Medications

Since many specialty drugs have unique shipping or handling needs, shipments will be arranged with you through Prime Specialty Pharmacy. Medications are shipped in plain, secure, tamper-resistant packaging.

Before your scheduled refill date, you may be contacted to:

- Confirm your drugs, dose and the delivery location
- Check any prescription changes your doctor may have ordered
- Discuss any side effects you may be having

If you need support, you can reach Prime Specialty Pharmacy at 877-627-MEDS (6337).



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*Prime Therapeutics Specialty Pharmacy LLC (Prime Specialty Pharmacy) is a wholly owned subsidiary of Prime Therapeutics LLC, a pharmacy benefit management company. Blue Cross and Blue Shield of Texas contracts with Prime Therapeutics to provide pharmacy benefit management, prescription home delivery and specialty pharmacy services. Blue Cross and Blue Shield of Texas, as well as several other independent Blue Cross and Blue Shield Plans, has an ownership interest in Prime Therapeutics.

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